

BJC HealthCare Washington University Physicians[®]

Thank you for choosing the Barnes-Jewish Washington University Pain Management Center located in Center for Advanced Medicine. Prior to scheduling an appointment for consultation, we ask that a person is referred to us by one of their currently treating physicians who will be continuing to be involved in the person's care. This is to ensure that our efforts are well-coordinated with other aspects of a person's healthcare. Please request medical records and prior treatment, especially pain treatments be sent to our facility.

Our pain management practice provides care to hospital inpatients as well ambulatory patients. Initial consultation may take up to 2-4 hours, we recommend bringing a book or electronic device to utilize if there are delays in your visit.

We respect your right to privacy. The information you provide is secure and confidential, and your information will not be available to anyone who is not involved in your care.

- 1) Please arrive at least 30 minutes prior to your scheduled appointment time to review your paperwork and finalize any outstanding information required. Construction in the area may cause you a delay driving to our building. Please allow extra time to arrive at your appointment. If you are delayed due to traffic, please call: 314-362-8820.
- 2) If we do not have an insurance authorization at the time of your initial evaluation, we will not be able to treat you. Please confirm that your referral has been sent to our office.
- 3) Please bring a copy of your insurance card with you to your visit. Inform the clinical staff of any insurance changes/updates as needed during the course of your treatment with us.
- 4) If you are unable to keep this appointment, please call us at least 48 hours in advance in order for us to accommodate other patients who are waiting for appointments.

Pain can be very complex and difficult to understand. Our physicians provide a multidisciplinary approach, to address chronic pain. During the course of treatment you may be scheduled to meet with the clinical psychologist and or a physical therapist. As a part of the treatment plan, the pain physician will evaluate if you are a candidate for interventional pain procedures. Our physicians offer non-opioid medication recommendations to your PCP.

The Pain Management Center is jointly operated by Washington University Physicians and Barnes Jewish Hospital; therefore your insurance will receive two bills for each visit. Barnes Jewish Hospital billing may also include other services received i.e.: radiology, pharmacy, and laboratory fees. For additional information regarding your bill: please contact Washington University Financial services at 314-273-0500 or 800-862-9980 or BJC Financial Patient Service representative at 800-833-0604.

If you have any questions, please contact Barnes Jewish / Washington University Pain Management Center at (314) 362-8820.

Contact Information
Barnes Jewish/ Washington University Pain Management Center
4921 Parkview Place Suite 14C
St. Louis, MO 63110

Phone: 314-362-8820 Fax: 314-362-9471

Hours of Operation

Patient Care Hours: Monday-Friday 8:00 am - 4:00 pm

Getting here and Parking

Valet parking (under cover) for patients and their families is available at the Center's front entrance, located on Parkview Place just off Euclid Avenue. This service has a nominal fee and is free with a disabled parking tag, although garage fees still apply.

Discounted Self-parking is available in the Euclid Garage, across Euclid Avenue to the east. The parking garage connects to the CAM via a third-floor walkway. Self-parking is also available at the Laclede garage, which is connected to the Center via the fifth floor of the garage.

Wheelchairs are available at the valet entrance and on the third floor of the Euclid Garage, as well as the fifth floor of the Laclede Garage.

MetroLink

Exit at the Central West End station. Take the steps or elevator up to Euclid Avenue, turn right and proceed two blocks to the main entrance located on Parkview Place.





TELEHEALTH CONSENT TO TREATMENT

PURPOSE: This form obtains your consent to participate in a telemedicine consultation, also known as "Telehealth" services. Telehealth is the delivery of health care services using two-way video communications and/or the electronic exchange of information. Since this is different than in-person health care services you may typically receive, it is important for you to understand and be aware of and comfortable with the benefits and possible risks. For your Telehealth visit, a Washington University or BJC Medical Group provider will communicate using electronic and video transmissions and will have access to your medical records while you are being treated at home. This will enable your provider to determine an appropriate treatment plan for your condition. Participating in this Telehealth program will give you access to your provider without having to travel to your provider's office, for inpatient/outpatient care.

Some possible risks associated with the use of Telehealth services include, but may not be limited to:

- Instances in which the electronic information may not be sufficient for appropriate medical decision making by the provider.
- Equipment issues, which could cause delays in your medical evaluation and treatment.
- Although rare, security measures could fail, possibly exposing your privacy and your personal medical information.
- Finally, in some cases, Telehealth services may not be as complete as in-person services, and if your provider believes an in-person visit is necessary, he or she may recommend that you schedule an in-person visit.

It is important that you understand and agree to the following statements:

- 1. I understand that engaging in a telemedicine visit with my health care provider at Washington University/BJC Medical Group is optional. I have the right to discontinue this service at any time. I further understand that in place of telehealth services, I may request a face-to-face visit with my health care provider.
- 2. I have been informed and understand the alternatives to the Telehealth services that are available to me, and give my consent to proceed with Telehealth services.
- 3. I understand that my provider will be at a different location from me. I understand that a telemedicine visit will not be the same as a direct patient/health care provider visit due to the fact that I will not be in the same room as the consulting health care provider and the provider will not be able to physically examine me.
- 4. I understand that the video portion of the telehealth service will not be recorded.
- 5. I understand that others may also be present during the visit other than my health care provider and consulting health care provider(s) in order to operate the video equipment and/or facilitate the Telehealth consultation. I further understand that I will be informed of their presence in the visit and thus will have the right to request the following: (1) omit specific details of my medical history/physical examination that are personally sensitive to me; (2) ask other personnel to leave the telemedicine examination room; and/or (3) end the visit at any time.
- 6. I understand that I have the right to request a copy of this informed consent and upon request it will be provided to me.

- 7. I understand there is a possible risk of an incomplete or ineffective visit due to technological issues, and that if any of the technological issues occur, the visit may end. The technological issues include but are not limited to: a) failure, interruption or disconnection of the audio/video connection; b) a picture that is not clear enough to meet the needs of the visit; and/or c) a minor risk of access to the visit through the interactive connection by electronic tampering.
- 8. I understand that my provider or I can stop the telemedicine visit if the telehealth connections are not adequate for the situation.

ACKNOWLEDGEMENT & CONSENT: I have read and understand this consent. I have been given an
opportunity to ask questions and all of my questions have been answered to my satisfaction. The risks, benefits, and
alternatives of the Telehealth visit have been explained to me and I hereby consent to participate in Telehealth
services as described in this document during this course of treatment.

Date

Relationship to Patient

ASSIGNMENT OF BENEFITS AND FINANCIAL RESPONSIBILITIES:

Signature of Patient or Person Authorized to Consent

I agree the information I gave to apply for payment is correct for any third-party payers, including Medicare or Medicaid. I have been given a paper listing my rights as a Medicare or Medicaid patient. I know I can ask for a review of my record to find out about any payments or charges I may owe if Medicare or Medicaid will not cover my charges.

If I receive Medicare, Medicaid or other insurance benefits, I know I am responsible to know what my insurance covers and that I can call my insurance plan if I have questions. I also understand I am responsible for any deductibles, co-insurance, and any non-covered charges. I know that I may receive separate bills for services provided by healthcare workers who are not employed by Washington University or BJC Medical Group – like a bill for laboratory testing or imaging services requested by my doctor.

I authorize direct payment to Washington University or BJC Medical Group of all insurance benefits and I authorize release of my personal health information as may be required for my insurance plan to pay such benefits. I understand that I am responsible, subject to Washington University's or BJC's Financial Assistance Policy, for portions of my bill not covered by insurance and I understand I will be held solely financially responsible if:

☐ All conditions and guidelines set forth by my insurance carrier are not met
I fail to give valid insurance information within the filing guidelines set by my insurance plan
I receive services not covered by my insurance plan
☐ I am covered by a plan BJC Medical Group doctors are not contracted with
I do not have insurance

I also agree that I have received or have access to signs and/or brochures which contain information about:

- Advance Directives
- Privacy of my health care information and who may have access to my information
- Office Hours and Office Policies
- What Rights and Responsibilities I/we have as a patient or family member and who to contact if I have questions

I have read this whole form, or had it read and exp questions.	lained to me, and I ha	d the opportunity to ask
Signature of Patient or Person Authorized to Consent	Date	Relationship to Patient
Signature of Guarantor if different than above		
RECEIPT OF NOTICE OF PRIVACY PRAC	CTICES:	
I acknowledge I have received or I have been pr Washington University's or BJC's Notice of Pri my protected health information maybe used or Group.	vacy Practices that ex	xplains when, where, and why
https://www.bjc.org/for-patients-visitors/patient	<u>-privacy</u>	
https://wuphysicians.wustl.edu/for-patients/for-yhipaa	our-protection/notic	e-of-patient-privacy-practice-
Signature of Patient or Person Authorized to Consent	Date	Relationship to Patient



DOB: MR#

ECD:

CSN:

PAIN MANAGEMENT CENTER PATIENT COMMUNICATION

Please check (\checkmark) the appropriate box(es) (\Box) and fill in the blank(s) as needed.
Please provide your email address for communication:
Would you like to sign up for the Washington University Follow My Health Patient Portal? ☐ YES ☐ NO
My patient health information may be discussed with the following family members or friends:
Name: Relationship:
Name:Relationship:
Name:Relationship:
Messages containing health information may be left at these numbers:
Home: Cell:
Work: Other:
Can you receive texts via cell? ☐ YES ☐ NO
May we text you reminders including appointment and prescription refills? ☐ YES ☐ NO
The following person(s) may pick up my written prescriptions from the office:
Preferred pharmacy name and phone number:
Patient/Responsible Adult:
IGNATURE REQUIRED PRINTED NAME REQUIRED Date:Time:
lurse:
Date: Time:
IGNATURE REQUIRED PRINTED NAME REQUIRED

DO NOT WRITE BELOW THIS LINE



BJH-MR-1375 (06/01/18) Pägë 1 of 1 TAB: MANAGEMENT





DOB: MR#

ECD:

CSN:

PAIN MANAGEMENT CENTER HEALTH RISK HISTORY

Please check (✔) the following box(es) (□) and fill in the t	plank(s) as needed.
SAFETY PRECAUTIONS 1. How did you arrive to our office today?	b. Difficulty getting dressed? Yes No c. Falling? Yes No lf yes, how many times in the last month d. Difficulty bathing and grooming? Yes No e. Memory problems? Yes No f. Difficulty with eating such as chewing or swallowing? Yes No g. Difficulty speaking? Yes No h. Difficulty with activities of daily living? Yes No 14. Do you have concerns regarding any of the following? If yes, please explain: Yes No b. Housing? Yes No
6. Do you have an Advance Directive (Living Will)? Yes No If yes, do we have a copy on file? Yes No If no, would you like information about an Advance Directive (Living Will)? Yes No 7. Have you lost or gained 10 pounds or more in the last month? Yes No I've lost pounds I've gained pounds I've gained pounds 8. Are you satisfied with your current weight? Yes No 9. How would you rate your appetite? Good Fair Poor 10. How would you rate your diet? Good Fair Poor	c. Transportation?
and prepare balanced meals?	feel afraid, unsafe or is hurting you?
	PRINTED NAME

DO NOT WRITE BELOW THIS LINE

BJH-MR-1363 (10/21/19) Page 1 of 1





DOB: MR#

ECD:

CSN:

PAIN MANAGEMENT CENTER-INITIAL OFFICE NOTE PATIENT HEALTH QUESTIONNAIRE

Please check (🗸) the appropriate box(es) (\Box) and fill in the blank	(s) as needed.
Date:	
Patient Name:	Date of Birth:
Please complete the questionnaire as fully as possible to read each question carefully and answer to the best of yo record, and will not be released without your permission	assist us with your evaluation and treatment. Please our ability. This information is part of your medical
Referring Physician:	Telephone Number:
Primary Care Physician:	
Briefly describe your pain:	
When did your pain first begin? (date): Under what circumstances did the pain begin: Accident at work Accident at home Auto accident Following surgery Pain just began Other reason: Briefly describe the circumstance(s) you checked:	accident
Are you receiving compensation or disability payment Are you involved in a lawsuit because of your pain of the Have you contacted a lawyer because of your pain of What are your expectations from the Pain Center?	nts now?

DO NOT WRITE BELOW THIS LINE

BJH-MR-1243 (06/01/18) Page 1 of 8





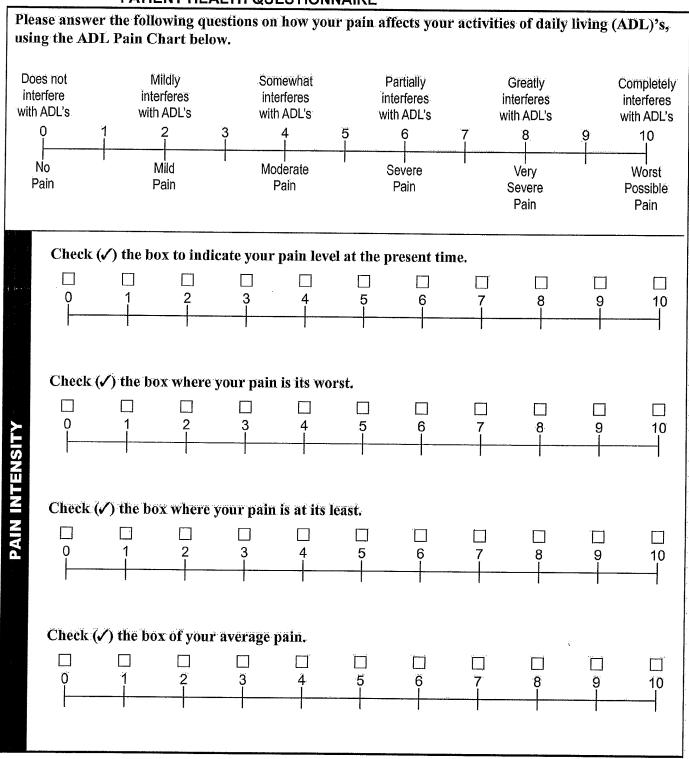


DOB: MR#

ECD:

CSN:

PAIN MANAGEMENT CENTER-INITIAL OFFICE NOTE PATIENT HEALTH QUESTIONNAIRE



DO NOT WRITE BELOW THIS LINE

BJH-MR-1243 (06/01/18) Page 2 of 8





DOB	
MR#	

ECD:

CSN:

PAIN MANAGEMENT CENTER-INITIAL OFFICE NOTE PATIENT HEALTH QUESTIONNAIRE

	Which would (as would) hast dos				، بندف نور پون			
	Which word (or words) best des	cripe th	e patte	erns of y	your pain:			
S	☐ Always present							
益	Comes and goes							
E	Is your pain usually WORSE du	ring a	certain	time of	day? 🗌 Ye	s 🗌 No		
É	If yes, when: Morning [☐ Midd	ay [] Evenii	ng 🗆 Nigh	t		
PAIN INTENSIT	Is your pain usually BETTER du	าราก ๑	certair	i time o	f day?	es 🗆 Ño		
PA		☐ Midd		Evenii	-			
: :						*		
5	Please describe your pain. Check	(√) a∐	that a	pply:				
PAIN		Yes	No				Yes	No
<u> </u>	Throbbing			Heavy				
Ö	Shooting			Tender	•			
>	Stabbing			Splittir				
H	Cramping			Tiring-	Exhausting			
QUALITY OF	Gnawing			Sicken	ing			
귾	Hot-Burning			Fearful	<u> </u>			
	Aching			Punish	ing-Cruel			
	Please check (/) how your pain r	agets to	the fol	lowing				·
	rease eneck (v) now your pain r	cacis io						
	dd 1		Be	etter	Worse	No Change		
	Walking		-					
PAIN	Lifting		ļ					
	Bending							
S	Lying							
S/DECREASES	Weather/Temperature change							
M	Standing							
K	Sitting							
Щ	Stress/Worry							
	Heat							
	Ice							
INCREASE	Rest.							
	Medications							
Ö	Light touch							
2	Cough							
	Sneeze							
	Strain		1					
	Other:							

DO NOT WRITE BELOW THIS LINE

BJH-MR-1243 (06/01/18) Page 3 of 8





Washington*
University in St. Louis
Physicians

BARNES JEWISH HOSPITAL 1 BARNES JEWISH HOSPITAL PLZ SAINT LOUIS, MO 63110 DOB: MR#

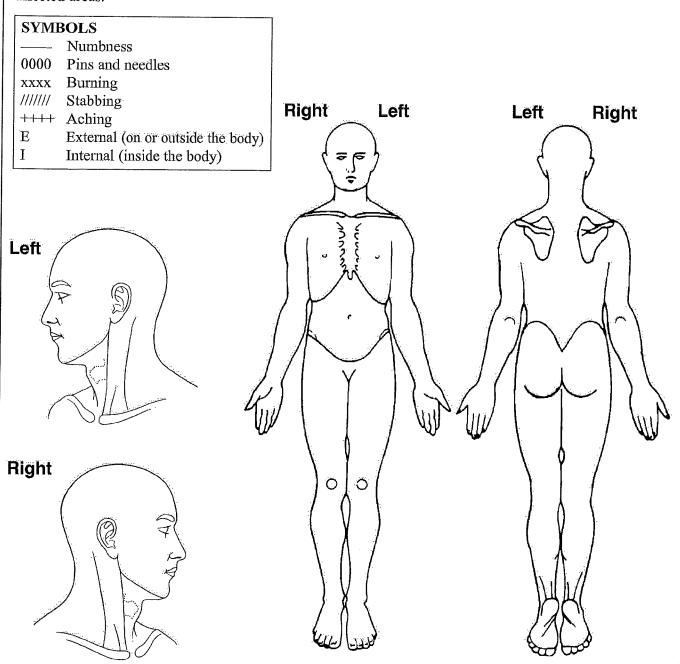
ECD:

CSN:

PAIN MANAGEMENT CENTER-INITIAL OFFICE NOTE PATIENT HEALTH QUESTIONNAIRE

Where is your pain?

Using the symbols listed below, mark on the drawings the areas where you feel pain. If you feel more than one sensation in the same area, mark over that area with additional symbols that apply. Show all affected areas.



DO NOT WRITE BELOW THIS LINE

BJH-MR-1243 (06/01/18) Page 4 of 8





DOB: MR#

ECD:

CSN:

PAIN MANAGEMENT CENTER-INITIAL OFFICE NOTE PATIENT HEALTH QUESTIONNAIRE

	During the past month, how much did pain inte	rfere with th	e following acti	vities?	
S	Check () the box for each of the questions that		es your situatio		
3	Not at All	A Little Bit	Moderately	Quite a Bit	Extuana also
A	Going to work			а DIL	Extremely
동	Performing household chores				
	Yard work or shopping				
TYLE	Socializing with friends				
(2)	Recreation and hobbies				
	Having sexual relations				
Ξ	Physical exercise		,L_I		
	Appetite				
	Prior treatments for pain, check (1/2) all the boxe	es that apply.			
	Helpful	Not Help	ful		
10			•		
Ë	☐ Nerve Block				
	TENS/MENS				
	☐ Physical Therapy				
VE.	Occupational Therapy				
K	☐ Biofeedback/Relaxation Therapy				
PRIOR TREATMENTS	☐ Acupuncture				
R	Chiropractor				
-	Other Pain Center(s)	П			
	□ Professional Psychological Support □				
	Other:	!!			
SI	Date		-	Facility	
TES	□ MRI				
<u>၂</u>	☐ CAT SCAN				
ST	□ XRAY				
DIAGNOSTIC	□ EMG				
AG	☐ Nerve Conduction Study		·		
	Other:				

DO NOT WRITE BELOW THIS LINE

BJH-MR-1243 (06/01/18) Page 5 of 8





DOB: MR#

ECD:

CSN:

PAIN MANAGEMENT CENTER-INITIAL OFFICE NOTE PATIENT HEALTH QUESTIONNAIRE

Ple	ase check (🗸) all conditions which	yöu curren	itly have.			
MEDICAL HISTORY	Constitutional Symptoms Fever	Respirat Painfu Product Product Shorte Shorte Asthme Gastroin Abdor Hearth Nause Consti Ulcers Liver, black, Genitour Bladde Difficu Freque Blood Sexual Musculos Arthrit Muscle Integume	tory al breathing ctive cough ysema bess of breath culosis the intestinal minal pain purn	ease en joints reast)	Neurological Headache Seizures Stroke Weakness/nui Dizziness Psychiatric Memory loss Depression Alcoholism Irritability Endocrine Sweats Diabetes Hematologic/Ly Leukemia Bleeding diso Swollen gland Hepatitis Immunologic/A AIDS/HIV Cancer: PHYSICIAN O "All others ne	☐ Loss of coordination ☐ Alzheimer's ☐ Anxiety/Panic Attacks ☐ Thoughts of suicide ☐ Thyroid disease Implication
	FAMILY MEDICAL HISTORY Has anyone in your family every had Anxiety Cancer Chronic pain Depression/Mental Illness Diabetes Disability Drug Addition/Drug Abuse Heart disease High blood pressure Physical/Verbal Abuse Stroke Suicide Thyroid disease	l any of the	e following cond Mother	litions? Pl		
	Cause of Death					

DO NOT WRITE BELOW THIS LINE

BJH-MR-1243 (06/01/18) Page 6 of 8





DOB: MR#

ECD:

CSN:

PAIN MANAGEMENT CENTER-INITIAL OFFICE NOTE PATIENT HEALTH QUESTIONNAIRE

	Other Me	edical Condition	ons Now or Past		Surgeries	Date
AL ES			*************************************			
OTHER MEDICAL History/ Past Surgeries						
MED TOR) JRGE	4111					
HIST T SU		·····		4		7,200
OTHE H Past				1	3.74.7.	
9	Do you have	e any medical d	levices implanted	in your l	oody? 🗆 Yes 🗆 No	
			pump, rods, prost			
ALLERGIES	Allergies/	Sensitivities	Reaction	1	Allergies/Sensitivities	Reaction
∃₹6						
		ARIL L				
. 7	Date	7.5		Dose/H	low often do you take	
NIS NS	Started	Med	lication	medica	tion?	Benefit
CURRENT PAIN MEDICATIONS				*************************		
C A						
		.1 01 1	111			
್ ರ ≥	Are you arra	any blood thing	g addicted to your ners? TYes T	medicati No	ons?	
	Date		lication		'avi aftan da van taka madiaati	a-9
	Started	TVICE	ilcation	DUSE/11	ow often do you take medicati	on:
5						
REPONS						WAR F. 11. WAR S. 2. 4. 4. 4. 4. 4. 4. 4. 4. 4. 4. 4. 4. 4.
Y.CR						
S C						
OTHER CURRENT MEDICATIONS						
6						
	,					
Z (0				int please	contact your Physician or Phar	
PAI	Mo	edication	Dose		Reason Discon	tinued
US ATI						
PREVIOUS PAIN MEDICATIONS						
A E						
Δ, —						

DO NOT WRITE BELOW THIS LINE





DOB: MR#

ECD:

CSN:

PAIN MANAGEMENT CENTER-INITIAL OFFICE NOTE PATIENT HEALTH QUESTIONNAIRE

	Significant other							
	Significant other:							
	Do you take care of other family members? Yes No							
	(i.e. parents, children, etc.)							
	Do you live alone? Yes No							
	Education Level:							
15	Are you currently working?							
YCHOSOCIAL	Previous/Current Occupation:							
ő	Do you smoke? Never Previously, but quit Daily Less than daily							
兵	Number of years smoking? Number of packs per day?							
X	Have you ever used recreational drugs? Yes No If yes, please indicate which drugs:							
S	☐ Marijuana ☐ Heroin ☐ Ecstasy ☐ Cocaine ☐ Speed							
	□ Crack □ Other:							
	Do you drink alcohol?							
	How much per week?							
	☐ Previously, but quit. When did you quit:							
	Have you ever been in a 12 step recovery program? Yes No							
	Please check () the box which describes how you have been feeling.							
	During the past month have you been tense or anxious?							
₹.	During the past month have you been depressed or discouraged?							
×	□ Never □ Seldom □ Sometimes □ Frequently □ Always							
Ö	Hospital Admission for Mental Illness? \(\subseteq \text{Yes} \) No							
PSYCHOLOGICAL	During the past month have you been irritable or upset?							
X								
7	□ Never □ Seldom □ Sometimes □ Frequently □ Always							
Sd	When you are in pain, how often is your husband/wife/other family supportive and encouraging?							
	□ Never □ Seldom □ Sometimes □ Frequently □ Always							
	When you are in pain, how often does your husband/wife/other family ignore you or become angry?							
	□ Never □ Seldom □ Sometimes □ Frequently □ Always							
I ha	ve received the Patient Bill of Rights Yes No							
2.234	To Too Too Too Too Too Too Too Too Too							
For	m completed by							
(Pat	cient/Other):							
	Signature Relationship							
	Date Time							
	Date Time							

DO NOT WRITE BELOW THIS LINE

BJH-MR-1243 (06/01/18) Page 8 of 8

